

Fun, Fitness and Company Camaraderie!

Sign up. Shape up. Lace up. Live it up.



KAISER PERMANENTE®
Corporate Run/Walk
& Fitness Program



Get Active Atlanta! 8-week Training Program

July 26 – September 16, 2010

Free! 8 weeks Training Membership



August 18-September 15

Complimentary Workouts – all Metro Atlanta locations

Corporate 5K Run/Walk & Office Party

Thursday, September 16, 2010

7 p.m.

Adjacent to Turner Field

KPcorporaterunwalk.com

Follow us on  

TO BENEFIT:



BROUGHT TO YOU BY:



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Team Captain/Co-captain _____

E-mail _____

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